

Option Choices Lesson Plan

Aim

For young people to know what factors to consider when making option choices and learn how to use the Option Choices tool to support their decisions.

Mapping

CES 'I Can' Statements	CMS Themes and competencies
<ul style="list-style-type: none"> ★ I can confidently access and interpret the information I need to make well informed choices about my learning options, pathways and how these relate to possible future careers ★ I can work towards achieving qualifications which support me to achieve my future career aspirations. ★ I can identify and access support networks that will help me into a positive and sustained destination beyond school. 	<ul style="list-style-type: none"> ★ Self: I make positive career decisions ★ Horizons: I understand that there are a wide variety of learning and work opportunities that I can explore and are open to me ★ Horizons: I know how to find and evaluate information and support to help my career development ★ Networks: I develop and maintain a range of relationships that are important for my career journey

Learning Outcomes

Young people will understand how:

- ★ to access information about option choice on My World of Work
- ★ to use the Option Choices tool
- ★ different combinations of subjects can lead to different career suggestions

Development of Activity

Introduction – Context of lesson

In this activity pupils will be introduced to resources to support them with option choice. Choosing subjects is a big decision. It can have an impact on what pupils do when they leave school and what options are open to them.

This activity will introduce pupils to the Option Choices tool and allow them to explore different combinations of subjects and how these link to job opportunities.

Activity on next page...

Instructions

You can use these instructions for your young people to explain the activity.

Before you start

- ★ Sign into your My World of Work account www.myworldofwork.co.uk
- ★ If you do not have an account, click 'register' at the top right-hand side of the homepage. If you need help to do this, watch this [video](#) on how to register

What to consider when choosing your subjects

Choosing your subjects is a big decision, My World of Work has lots of information and tools to support you

- ★ Read <https://www.myworldofwork.co.uk/my-career-options/how-make-school-option-choices> for some information to support you when making option choices; including the important questions you should ask yourself
- ★ This page can be accessed from the 'Option Choices' tab at the bottom of your account page or within 'My career options'
- ★ Remember you have completed option choices before, consider what was important?

Using the Option Choices tool

- ★ Click on 'Use the Option Choices tool' to discover jobs that might suit you based on subjects selected: www.myworldofwork.co.uk/tools/subject-choices
- ★ You can use the Option Choices tool [user guide](#) and [video](#) to help you
- ★ You can enter up to six school subjects, including Foundation Apprenticeships to explore how combinations of subjects can return different career suggestions
- ★ Once you have entered the names of subjects that you wish to explore click 'Show my career options'
- ★ Results will show a range of job profiles and industries where your chosen subjects are useful.
- ★ Take time to explore these options further. Which job profiles do you find interesting? Is there any you would like to consider in the future?
- ★ Bookmark any job profiles you find interesting. This will be saved to your account page
- ★ Try other combinations of subjects to see if job suggestions change
- ★ Do you have an idea what you would like to do in the future? You can search for job profiles, using the [I have a career in mind](#) tab to see what subjects would be useful and other entry requirements

- ★ If you are considering a course after school our [course search](#) is a good place to start, remember to check out further information on the institution's website

Tips to help you

- ★ Remember your networks and who is available to support you with option choices – this could be your school Careers Adviser, a Teachers, an older sibling or a parent/carer
- ★ It's your decision – It is important to think about your strengths and interests!
- ★ Have you completed your core tools (About Me, Strengths and Skills Explorer)? The results will show if there are matches to these too.
- ★ If you have completed the Strengths tool check out the report which will also highlight relevant options which are suited to your strengths
- ★ Click here to find out more about Foundation Apprenticeships:
<https://www.apprenticeships.scot/become-an-apprentice/foundation-apprenticeships/>

Follow-up

Young people can continue to make use of the tool to search for job ideas based on subject choice. If pupils have not already done so they can complete the core tools: About Me, Strengths and Skills Explorer. This will offer more personalised career suggestions.