



# Knowing Myself

## Worksheet

 <p>An achievement I am proud of is...</p>	
 <p>I am getting better at...</p>	
 <p>Things my best friend likes about me are...</p>	
 <p>The subject I am best at is...</p>	
 <p>People who can help me are...</p>	
 <p>Jobs I would like to find out about are...</p>	



**The sport/activity  
I am best at is...**



**Two things I like  
about myself are...**



**My strengths are...**



**What I care most  
about in life is...**



**When I leave school  
I would like to...**



**Examples of when  
I work well in team  
are...**