

Option Choices

Worksheet

Learning outcomes

This activity will help you to:

- ★ access information about option choice on My World of Work
- ★ use the Option Choices tool
- ★ understand how different combinations of subjects can lead to different career suggestions

Activity

Introduction

Choosing subjects is a big decision. It can have an impact on career opportunities in the future.

This activity will help you consider what factors are important when choosing subjects and how the Option Choices tool can help you.

Activity on next page...



Instructions

Before you start

- ★ Sign into your My World of Work account www.myworldofwork.co.uk
- ★ If you do not have an account, click 'register' at the top right-hand side of the homepage. If you need help to do this, watch this [video](#) on how to register

What to consider when choosing your subjects

Choosing your subjects is a big decision, My World of Work has lots of information and tools to support you

- ★ Read <https://www.myworldofwork.co.uk/my-career-options/how-make-school-option-choices> for some information to support you when making option choices; including the important questions you should ask yourself
- ★ This page can be accessed from the 'Option Choices' tab at the bottom of your account page or within 'My career options'

Using the Option Choices tool

- ★ Click on 'Use the Option Choices tool' to discover jobs that might suit you based on subjects selected: www.myworldofwork.co.uk/tools/subject-choices
- ★ You can use the Option Choices tool [user guide](#) and [video](#) to help you
- ★ You can enter up to six subjects to explore how combinations of subjects can return different career suggestions
- ★ Once you have entered the names of subjects that you wish to explore click 'Show my career options'
- ★ Results will show a range of job profiles and industries where your chosen subjects are useful
- ★ Check under each job profile which subjects would be useful
- ★ Take time to explore these options further. Which job profiles do you find interesting? Is there any you would like to consider in the future?
- ★ Bookmark any job profiles you find interesting. This will be saved to your account page
- ★ Try other combinations of subjects to see if job suggestions change



Tips to help you

- ★ Remember your networks and who is available to support you with option choices – this could be your school Careers Adviser, a Teachers, an older sibling or a parent/carer
- ★ It's your decision – It is important to think about your strengths and interests!
- ★ Have you completed your core tools (About Me, Strengths and Skills Explorer)? The results will show if there are matches to these too
- ★ If you have completed the Strengths tool check out the report which will also highlight relevant options choices which are suited to your strengths

Next

You can continue to make use of the Option Choices tool. Why not discuss your results at home or in school? Remember your school Careers Adviser can help you explore option choice further.