

Option Choices Lesson Plan

Aim

For young people to know what factors to consider when making option choices and learn how to use the Option Choices tool to support their decisions.

Mapping

CES 'I Can' Statements	CMS Themes and competencies
<ul style="list-style-type: none"> ★ I can identify my interests, strengths and skills and use them to make informed choices ★ I can choose a blend of subjects, courses and experiences to enable my career pathways ★ I can extend and use my networks to find and apply for opportunities that match my interests, strengths and skills. 	<ul style="list-style-type: none"> ★ Self: I make positive career decisions ★ Horizons: I understand that there are a wide variety of learning and work opportunities that I can explore and are open to me ★ Horizons: I know how to find and evaluate information and support to help my career development ★ Networks: I develop and maintain a range of relationships that are important for my career journey

Learning Outcomes

Young people will understand how:

- ★ to access information about option choice on My World of Work
- ★ to use the Option Choices tool
- ★ different combinations of subjects can lead to different career suggestions

Development of Activity

Introduction – Context of lesson

In this activity pupils will be introduced to resources to support them with option choice. Choosing subjects is a big decision. It can have an impact on career opportunities in the future.

This activity will introduce pupils to the Option Choices tool and allow them to explore different combinations of subjects and how these link to job opportunities.

Activity on next page...

Instructions

You can use these instructions for your young people to explain the activity.

Before you start

- ★ Sign into your My World of Work account www.myworldofwork.co.uk
- ★ If you do not have an account, click 'register' at the top right-hand side of the homepage. If you need help to do this, watch this [video](#) on how to register

What to consider when choosing your subjects

Choosing your subjects is a big decision, My World of Work has lots of information and tools to support you.

- ★ Read <https://www.myworldofwork.co.uk/my-career-options/how-make-school-option-choices> for some information to support you when making option choices; including the important questions you should ask yourself
- ★ This page can be accessed from the 'Option Choices' tab at the bottom of your account page or within 'My career options'

Using the Option Choices tool

- ★ Click on 'Use the Option Choices tool' to discover jobs that might suit you based on subjects selected: <https://www.myworldofwork.co.uk/tools/subject-choices>
- ★ You can use the 'Option Choices tool [user guide](#) and [video](#) to help you
- ★ You can enter up to six subjects to explore how combinations of subjects can return different career suggestions
- ★ Once you have entered the names of subjects that you wish to explore click 'Show my career options'
- ★ Results will show a range of job profiles and industries where your chosen subjects are useful
- ★ Check under each job profile which subjects would be useful
- ★ Take time to explore these options further. Which job profiles do you find interesting? Is there any you would like to consider in the future?
- ★ Bookmark any job profiles you find interesting. This will be saved to your account page
- ★ Try other combinations of subjects to see if job suggestions change

Tips to help you

- ★ Remember your networks and who is available to support you with option choices – this could be your school Careers Adviser, Teachers, an older sibling or a parent/carer
- ★ It's your decision – It is important to think about your strengths and interests!
- ★ Have you completed your core tools (About Me, Strengths and Skills Explorer)? The results will show if there are matches to these too
- ★ If you have completed the Strengths tool check out the report which will also highlight relevant options which are suited to your strengths

Follow-up

Young people can continue to make use of the tool to search for job ideas based on subject choice. If pupils have not already done so they can complete the core tools: About Me, Strengths and Skills Explorer. This will offer more personalised career suggestions.