



# Updating your profile

## Lesson plan

### Aim

For young people to continue to develop and update their profile.

### Mapping

CES 'I Can' Statements	CMS Themes and competencies
<ul style="list-style-type: none"> <li>★ I can identify my interests, strengths and skills and use them to make informed choices</li> <li>★ I can manage my profile, share it appropriately and justify my choice of evidence</li> </ul>	<ul style="list-style-type: none"> <li>★ Self: I develop and maintain a positive self-image</li> <li>★ Self: I am aware of how I change and grow throughout my life</li> <li>★ Strengths: I am aware of my skills, strengths and achievements</li> </ul>

### Learning Outcomes

Young people will understand how:

- ★ to access and update their profile on My World of Work
- ★ it is important to continue to update their profile

### Development of Activity

#### Introduction – Context of lesson

A young person can use their profile to reflect on all the things that make them who they are. They can think about their skills, strengths, interests and achievements and how they use them in everyday life.

This activity will help pupils to develop and update their profile

Activity on next page...



## Pupil Instructions

### Before you start

- ★ Sign into your My World of Work account [www.myworldofwork.co.uk](http://www.myworldofwork.co.uk)
- ★ If you do not have an account, click 'register' at the top right-hand side of the homepage. If you need help to do this, watch this [video](#) on how to register

### Update your profile

- ★ Access your profile via your account and check what sections need updated
- ★ Ensure you have completed all your tools and summary sections
- ★ If you have already completed your summary sections, check them to see if they are up-to-date and reflect your current tool results
- ★ Need help writing your summaries? Look at the [tutorial guide](#) in the summary sections
- ★ Have you recently developed any new skills? Make sure you capture this in the skills summary of your profile
- ★ You can also update your Education and Experience sections of the profile
- ★ Think about anything you have done that you are proud of. This information can be recorded in the Achievements section of your profile
  - Is there anything new that you'd like to add?
  - Remember your achievements can be from schoolwork, activities at home, hobbies, supporting others etc.
- ★ You can use the guide 'Create and update your profile' below to help you

Activity on next page...

### **Thinking about starting to write your personal statement?**

- ★ To begin writing your personal statement select 'Create personal statement' at the bottom of your profile and view the drop-down menus to read through the information
- ★ You can identify the key information you want to highlight and start to draft your personal statement

### **Tips to help you**

- ★ Remember you will be able to add more to your profile throughout your time in school
- ★ You can share your profile at any stage to get advice from others and to show progress by clicking 'Share profile'

### **Follow-up**

Young people should be encouraged to review and update their profile on a regular basis.

The profile information can also support pupils when creating their CV, completing applications and preparing for interviews.

They can continue to explore My World of Work to support their career education.