

My week of behaviours Worksheets

Monday		Tuesday	
Favourite activity:		Favourite activity:	
Expected behaviour:		Expected behaviour:	
Wednesday		Thursday	
Favourite activity:		Favourite activity:	
Expected behaviour:		Expected behaviour:	
Friday		Saturday	
Favourite activity:		Favourite activity:	
Expected behaviour:		Expected behaviour:	
Sunday			
Favourite activity:			
Expected behaviour:			

Activity on next page...

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If you have the choice, how do you like to behave?

Think of jobs that would expect you to behave this way. Write them here:



If you have the choice, which behaviour rules do you not like having to follow?

Think of jobs that would expect you to behave this way. Write them here:



What have you learned about behaviour across different types of activity and jobs?
How can this help you in your career?