

CMS Chatterbox

Lesson plan

Aim

To help group understand CMS themes and how these relate to them

Mapping

CES 'I Can' Statements	CMS Competencies
★ 'I Can' identify my interests, strengths and skills and use them to make informed choices	★ I am aware of my skills, strengths and achievements

Learning Outcomes

Young people will understand how:

- to continue to develop an understanding of career management skills
- be aware of how CMS benefits them
- know how CMS will help them to decide what to do next

Development of Activity

Introduction – Context of lesson

This activity will allow young people to develop their knowledge of CMS themes in a fun and interactive way.

Using the Skills Explorer tool on My World of Work will give them an understanding of what their skills are. This will help them when making choices about different routes and pathways into potential jobs and with what to include in their profile and CV to showcase the skills they have to offer.

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Instructions for the young person

You can use these instructions for your young people to explain the activity.

A work-around has been included for those who can't print the worksheet. You can give this option to young people at the time and in the way you think best.

Instructions

Before you start

- ★ Print out the Chatterbox template, or draw on a piece of paper

Making your Chatterbox

- ★ Fold paper to create origami chatterbox (see folding instructions below)
- ★ With a family member/friend play the game by picking a colour and opening and closing the chatterbox to the number of letters in the colour. For example, 'RED' would be 3 times.
- ★ Then choose a number, and repeat opening and closing the chatterbox that many times.
- ★ Finally, choose a number that you will open to reveal a question related to a CMS theme.
- ★ Answer the questions inside and discuss with your family member/friend.

Folding Instructions

- ★ Fold template coloured side up in half using middle guidelines, score fold, unfold and repeat at 90° along other fold line.
- ★ Open out, turn over blank side up then fold each corner diagonally in to middle along diagonal lines, turn over.
- ★ Then fold each corner in to centre.
- ★ Then fold in half horizontally and insert fingers and thumbs into each flap so that the 4 CMS themes are displayed.

Follow-up

Ask young person to discuss their new understanding of CMS and the steps that they can take to develop these further. Young person may want to research what they've learned further on www.myworldofwork.co.uk for more information.