

Researching My Aspirations Lesson Plan

Aim

To review how career aspirations have developed since and during childhood

Mapping

DYW: CES – ‘I Can’ Statements	CMS Competencies
<ul style="list-style-type: none"> ★ ‘I Can’ identify my interests, strengths and skills and use them to make informed choices ★ ‘I Can’ extend and use my networks to find and apply for opportunities that match my interests, strengths and skills 	<ul style="list-style-type: none"> ★ I understand that there are a wide variety of learning and working opportunities that I can explore and are open to me ★ I develop and maintain a range of relationships that are important for my career journey

Learning Outcomes

Young people will:

- ★ To identify key influences on the development of career ideas.
- ★ To identify how parents and carers can support and/or influence at times of transition.
- ★ To identify between fantasy and reality

Activity on next page...

Instructions for the young person

You can use these instructions for your young people to explain the activity.

A work-around has been included for those who can't print the worksheet. You can give this option to young people at the time and in the way you think best.

Instructions

Before you start

- ★ Print out the 'Researching My Aspirations' or write the questions on a piece of paper
- ★ Ask an adult if you can use computer/tablet/smart phone to go onto myworldofwork.co.uk to investigate different career aspirations that you have

Researching Your Aspirations

- ★ Research the questions on the worksheet for each career you want to investigate
- ★ Go onto my world of work to research these questions and write your findings in the spaces provided
- ★ You can repeat this as many times as you want to find out about lots of different career options

Follow-up

Young person can discuss their findings with family member/friend highlighting the practicalities and preparation that they would need for each chose sector. Encourage use of My World of Work to inform discussions.

Possible areas for discussion:

- ★ Qualifications needed (Subject Choice in school)
- ★ Exploring all options raising awareness of all of the routes when leaving school (further education, modern apprenticeships, volunteering, employment etc.)
- ★ What makes the young person interested in this sector?