

Introduction to My World of Work; Registration and About Me tool Worksheet

Learning Outcomes

This activity will help you to:

- ★ create a My World of Work account
- ★ successfully login and navigate around the website
- ★ complete the About Me tool
- ★ understand how your interests relate to career options

Activity

Introduction

Throughout your time in school, you will be able to use My World of Work as a resource to support you with your career education.

You will register for an account on the site and complete the About Me tool. The About Me tool will help you see how your interests relate to your career options.

Instructions



Let's get started

- ★ To set up an account go to www.myworldofwork.co.uk and click register at the top right-hand side of the homepage.
- ★ If you need help to do this, watch this [video](#) on how to register



Complete the About Me tool

- ★ Now that you have registered you are ready to complete the About Me tool
- ★ After registering select About Me from the core tools message
- ★ The About Me tool is a quick, fun activity that looks at your interests and personality

- ★ You can use the 'About Me user guide' below to help you
- ★ Once you complete the About Me tool your results will link to career suggestions
- ★ Click on the tab 'View your career suggestions'. Bookmark anything you find interesting
- ★ Do you agree or disagree with the results? Why not discuss your results with someone?



Tips to help you

- ★ You can access the About Me tool in a range of ways, such as in your account overview, your To-do list or in My career options
- ★ The results of your About Me tool will be saved in your account and profile
- ★ As you complete other core tools (Strengths and Skills) on My World of Work your career suggestions will develop

Next

You can continue to familiarise yourself with My World of Work.

Guide on next page...

About Me – Guide

- ★ The About Me quiz lets you find out more about yourself and the jobs that might suit you
- ★ Completing the quiz helps build a picture of your personality and interests
- ★ Note: the pictures in this guide show what My World of Work looks like on a computer screen. If you use a mobile device, for example your phone or a tablet, My World of Work will look different and things may be in different places on your screen

1. Click on the button at the bottom right of the introduction to start:



The screenshot shows the top navigation bar of the My World of Work website. It includes the logo, navigation links for 'My career options', 'Learn and train', and 'Getting a job', a search icon, and buttons for 'Sign in' and 'Register'. Below the navigation bar is a heading 'Start planning your career path with About Me'. A large image of a person holding a question mark sign is on the left. To the right, there is introductory text: 'Want to know where you could go next? First, you need to understand who you are. Learn about yourself and jobs you'll suit with the About Me quiz. Work through the questions, and we'll begin to build a picture of your personality. Can't see the exact right choice? Go with the one that's closest to you. Your results will reveal your three strongest character traits, and suggest jobs to match the kind of person you are. Remember, if you have a My World of Work account, we'll save your results so you've got them handy for future job, university and college applications. Ready to go? It won't even take five minutes.' At the bottom right of the text area is a purple button labeled 'Use the about me tool'.

2. You will be shown the first statement to complete

3. Click the image that best represents you:



The screenshot shows a quiz question: 'My perfect hobby would be...'. Below the question are six image options: 'Reading for leisure', 'Fishing for leisure', 'Playing sports', 'Horse riding', 'Reading for work', and 'Reading for leisure'. Below the images are three radio buttons for selection. Below the radio buttons is the text: 'We're building up an idea of what makes you tick...'

4. If there isn't one that exactly matches you, just choose the closest option

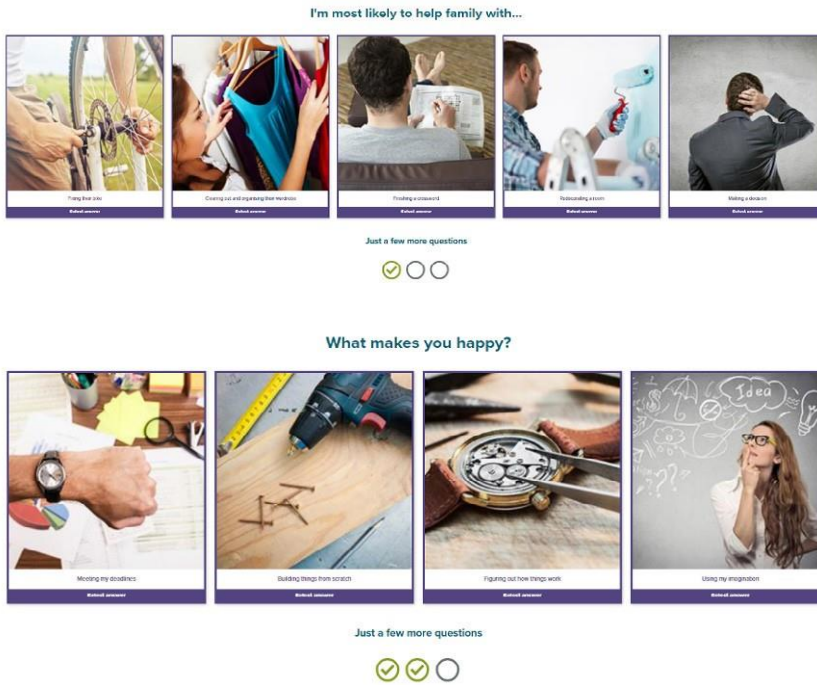


The screenshot shows a quiz question: 'What would you rather do?'. Below the question is a single image option showing a person in a lab coat and safety glasses working in a laboratory. Below the image are three radio buttons for selection. Below the radio buttons is the text: 'We're building up an idea of what makes you tick...'

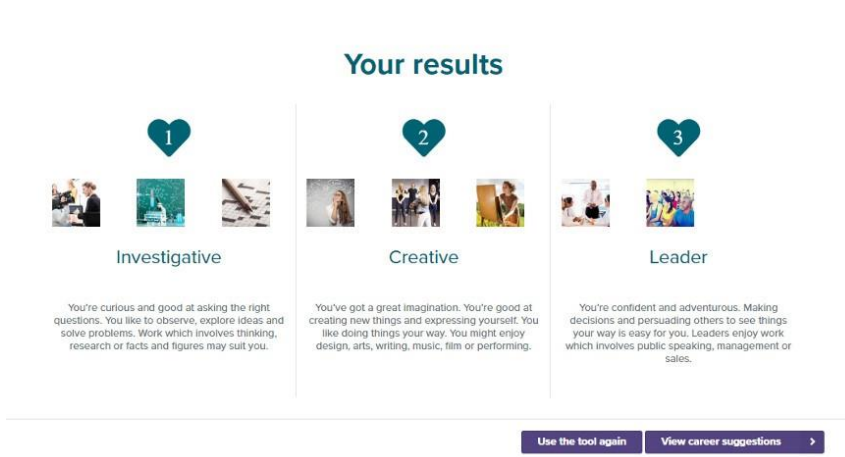
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5. Your response will be recorded, and the next statement shown

6. As you work your way through the quiz, it will start to build your results



When completed, you will be shown your three main personality traits, with a brief description of each:



7. At this point you will also be able to try the quiz again or see personalised career suggestions based on your results