

Aim

For young people to register on My World of Work and use the About Me tool

Mapping

CES 'I Can' Statements	CMS Themes and competencies
<ul style="list-style-type: none"> ★ I can identify my interests, strengths and skills and use them to make informed choices ★ I can access advice and support to help me make informed choices about learning and opportunities 	<ul style="list-style-type: none"> ★ Self: I develop and maintain a positive self-image ★ Horizons: I understand that there are a wide variety of learning and work opportunities that I can explore and are open to me ★ Horizons: I know how to find and evaluate information and support to help my career development

Learning Outcomes

Young people will understand how:

- to create a My World of Work account
- to successfully login and navigate around the website
- to complete the About Me tool
- their interests relate to career options

Development of Activity

Introduction – Context of lesson

The young person should understand that throughout their time in school, young people will be able to use My World of Work as a resource to support them with their career education.

By completing the About Me tool, young people will understand how their interests relate to their career options.

Pupil Instructions

Let's get started

- ★ To set up an account go to www.myworldofwork.co.uk and click register at the top right-hand side of the homepage.
- ★ If you need help to do this, watch this [video](#) on how to register

Complete the About Me tool

- ★ Now that you have registered you are ready to complete the About Me tool
- ★ After registering select About Me from the core tools message
- ★ The About Me tool is a quick, fun activity that looks at your interests and personality
- ★ You can use the 'About Me user guide' below to help you
- ★ Once you complete the About Me tool your results will link to career suggestions
- ★ Click on the tab 'View your career suggestions'. Bookmark anything you find interesting
- ★ Do you agree or disagree with the results? Why not discuss your results with someone?

Tips to help you

- ★ You can access the About Me tool in a range of ways, such as in your account overview, your To-do list or in My career options
- ★ The results of your About Me tool will be saved in your account and profile
- ★ As you complete other core tools (Strengths and Skills) on My World of Work your career suggestions will develop

Follow-up

Young people should continue to familiarise themselves with My World of Work.