

Childhood Dreams

Lesson plan

Aims

To review how career aspirations have developed since and during childhood.

Mapping

DYW: CES – ‘I Can’ Statements	CMS Competencies
<ul style="list-style-type: none"> ★ ‘I Can’ demonstrate diverse thinking when exploring learning opportunities and pathways ★ ‘I Can’ access advice and support to help me make informed choices about further learning and opportunities 	<ul style="list-style-type: none"> ★ I am aware of my skills, strengths and achievements ★ I understand that there are a wide variety of learning and work opportunities that I can explore and are open to me

Learning Outcomes

- To identify key influences on the development of career ideas.
- To identify how parents and carers can support and/or influence at times of transition.
- To identify between fantasy and reality.

Development of Activity:

Introduction

This activity will help young people understand how career aspirations can develop since and during childhood into adulthood.

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Instructions

You can use these instructions for your young people to explain the activity.

Before you start

- ★ Ask an adult to have a conversation with you (this could be someone at home or over video call) about their current job and what they wanted to do when they were your age

Activity

- ★ Ask them to tell their story of their childhood dreams and how these relate to their current job
- ★ This should be a story that tells their career path from when they left school until now
- ★ They should discuss having a childhood dream career and if it differs from what they are doing now.

Discussion can be face-to-face or over phone/video call.

- ★ Points of discussion:
 - Which skills helped to achieve career goals?
 - What challenges were there along the way?
 - What personal strengths helped to overcome these challenges?
 - What opportunities were there that helped along the way?
 - Were there any important people that helped you in achieving your career goals?

Follow-up

Take time to now think about all of the skills that have been developed from all of these experiences and share thoughts with young person. Ask young person to think about their own skills and career aspirations and ask them to research these on

www.myworldofwork.co.uk for more information.