

Instructions:

- Think about how you did in your mock interview.
- Now evaluate your interview performance.
- Select the relevant circle.



very poor



poor



fair



good



excellent



Body language

Did you sit up straight and appear attentive?
Were you hunched or fidgeting?



Tone of voice

Did you sound angry, sarcastic or bored?
Did you sound like you were interested and enthusiastic?



Eye contact

Did you make eye contact with the person or people during the interview? Did you stare at the floor, your hands or into space?



Handshake

Did you offer your hand? Was your handshake firm or did you have a weak grasp?



Answers given

Were your answers relevant and well worded?
Did you use good examples? Did you ramble, or talk about things which didn't have anything to do with the question?



Questions

Did you ask interesting or useful questions?
Did your questions make you seem interested in the job or the company?



Presentation

Did you make an effort to look neat and tidy?
Did you come in with an untucked shirt, distracting jewellery, inappropriate clothing?