

S1

Teacher Lesson Plan	Aim	CES Theme					CMS Theme			
		1	2	3	4	5	S	S	H	N
My Interests	To help young people to identify their interests in and out of school		x				x			
Childhood Dreams	To review how career aspirations have developed since and during childhood			x	x		x	x		
Introduction to My World of Work, registration and About Me tool	To introduce young people to My World of Work, create an account and complete the About Me tool		x				x			
Future Jobs	Young people will identify the skills and strengths required for future jobs and start to explore their own skills and strengths	x							x	
My skills and strengths	Young people can recognise the strengths they have, think about ones they would like to develop and plan for how to do this		x				x	x		
Using the My World of Work Skills Explorer tool	To introduce young people to the skills explorer tool, allowing them to discover what skills they have and how these suit certain careers		x				x			
Researching My Aspirations	To review how career aspirations have developed since and during childhood			x	x	x	x	x		
Using the My World of Work Strengths tool	To introduce young people to the strengths tool and explore how their own strengths relate to careers		x		x		x	x		

Teacher Lesson Plan	Aim	CES Theme					CMS Theme			
		1	2	3	4	5	S	S	H	N
Career Shield	To enable young people to think about their school subjects, hobbies, interests and transferable skills		x				x	x		
Starting your profile on My World of Work	To guide young people through how to complete elements of their learning profile in My World of Work		x				x	x		
Renewable Energy	For young people to learn about careers in the energy sector	x							x	
CMS Chatterbox	To enable young people to gain an understanding of the CMS themes and how these relate to them		x				x	x	x	x
My week of behaviours	Young people will recognise and record their behaviours across the week. They will start to gain an understanding of what is appropriate for different contexts and how this applies to their career planning.	x					x			
How You See It	Encouraging young people to reflect and develop their self-awareness			x			x			
Tell me a bit about yourself	Young people will interview an adult known to them about his/her experience in the World of Work.			x			x		x	x
Exploring Qualification routes	Young people will use MyWoW to explore the different qualification routes that are available and think whether they are options they would choose from themselves		x		x				x	
Updating your profile	Young people will have the opportunity to update their learning profile		x				x	x		
Option Choices	For young people to know what factors to consider when making option choices and learn how to use the Option Choices tool to support their decisions.		x			x	x		x	x

Teacher Lesson Plan	Aim	CES Theme					CMS Theme			
		1	2	3	4	5	S	S	H	N
Knowing Myself	To review and record current Career Management Skills	x	x				x	x	x	x
Flip of a Coin	To become aware of the variety of decision-making styles				x		x	x		
Exploring different pathways	Young people will explore the different employment and learning options that available and reflect on what options they may wish to follow		x	x	x	x			x	
Meet the Expert	To learn from experts from a range of sectors talking about their job roles.	x							x	
Hot Air Balloons	Young people will do a science experiment to help them understand the laws of motion and then they can explore careers linked to this.	x							x	
Networking Bingo	To highlight why networks are important and start recognising and developing their own network				x					x
My Circle of support	Young people will be able to recognise the people they have in their network		x							x
Develop and update your profile	Young people will develop and update their learning profile to reflect current achievements		x			x	x	x		
Option Choices	For young people to know what factors to consider when making option choices and learn how to use the Option Choices tool to support their decisions.		x			x	x		x	x
Stepping Stones	To challenge pupils to think of their next steps and what they might need to do to prepare for future opportunities		x	x	x				x	x

Senior phase

Teacher Lesson Plan	Aim	CES Theme					CMS Theme			
		1	2	3	4	5	S	S	H	N
Knowing Myself	To review and record current Career Management Skills (CMS)	x	x				x	x	x	x
My Week	Young people can recognise their interests across their week and find a strength or skill they develop through it, people to add to their network and potential career ideas.		x	x			x	x	x	x
My Strengths scale	Young people can begin to think about which of their strengths and skills are most developed and how they can develop others		x					x		
Using the My World of Work Skills Explorer tool	Young people will revisit the skills explorer tool, allowing them to discover what skills they have and how these suit certain careers		x				x			
Flip of a Coin	To become aware of the variety of decision-making styles.				x		x	x		
Option Choices	For young people to know what factors to consider when making option choices and learn how to use the Option Choices tool to support their decisions.		x			x	x		x	x
Explore different pathways	Young people will explore the different employment and learning options that available and reflect on what options they may wish to follow		x	x	x				x	
Networking Bingo	To highlight why networks are important and start recognising and developing their own network		x		x					x
My Circle of Support	Young people will be able to recognise the people they have in their network		x		x					x

Updating your profile and creating a personal statement	To give young people the opportunity to update their learning profile and create a personal statement		x			x	x	x		
Creating and updating your CV	Young people will learn how to create and update their CV		x			x	x	x		
Job Adverts	To prepare Young people will gain an understanding of how to read job adverts and identify the skills/qualities that are required for the position		x		x	x	x	x	x	x
The Application Process	Young people will gain experience of filling in a mock application form		x	x	x	x	x	x	x	x
Preparing for an Interview	To prepare young people for an interview		x	x	x	x	x	x	x	x
Mock Interviews	To allow young people to identify their own strengths and skills and how to present themselves to others.		x	x	x	x	x	x	x	x
Meet the Experts	To learn from experts from a range of sectors talking about their job roles.	x			x	x			x	x
Challenging stereotypes	To help young people to understand stereotypes and to challenge them in their own careers			x		x	x			