

Key:

CES Themes	CMS Themes
 Exploring the Concept of Work Expanding horizons and ambitions Diversity and equity Seeking help and information Finding a route to work 	SelfStrengthsHorizonsNetworks

P7 Transition

Teacher Lesson Plan	Aim		CES	ES Theme				1S 1	Ther	ne
Teacher Lesson Plan Aim		1	2	3	4	5	S	S	Н	N
Things I like about me	To help young people to find and share things they like about themselves and to develop a positive self-image		х				х			
Animal Me	To use an online tool as a basis for exploring preferences, personality and strengths		х				х	x		
Making New Friends	To encourage young people to get online and research who will be going to their secondary school	х	х		х		х		x	x
School Website Research	To introduce and familiarise young people with key personnel in secondary school and develop coping strategies for change			x	х				X	x
Secondary Transition	To introduce and familiarise young people with key personnel in secondary school and develop coping strategies for change			х	х				х	х
Careers Crossing	To introduced basic programming, learn about games development and the careers that characters have within the game.	х							Х	
Construction – Build your Skills	Young people will learn about and develop some of the skills that could be used within a career in construction	x							x	
Learning to code – Plastics in the Ocean	Young people will learn to code and see what that code looks like in JavaScript	х							х	



S1

Teacher Lesson Plan	Aim	(CES Theme				CN	1S 1	Γhei	ne
Feacher Lesson Plan Aim		1	2	3	4	5	S	S	Н	N
My Interests	To help young people to identify their interests in and out of school		х				х			
Childhood Dreams	To review how career aspirations have developed since and during childhood			х	x		х	х		
Introduction to My World of Work, registration and About Me tool	To introduce young people to My World of Work, create an account and complete the About Me tool		х				х			
Future Jobs	Young people will identify the skills and strengths required for future jobs and start to explore their own skills and strengths	х							X	
My skills and strengths	Young people can recognise the strengths they have, think about ones they would like to develop and plan for how to do this		х				х	х		
Using the My World of Work Skills Explorer tool	To introduce young people to the skills explorer tool, allowing them to discover what skills they have and how these suit certain careers		х				х			
Researching My Aspirations	To review how career aspirations have developed since and during childhood			х	Х	х	х	Х		
Using the My World of Work Strengths tool	To introduce young people to the strengths tool and explore how their own strengths relate to careers		х		X		x	x		



S2

Topobor Losson Plan	Aim	_			Theme			1S 1	Γheι	ne
Teacher Lesson Plan Aim		1	2	3	4	5	S	S	Н	N
Career Shield	To enable young people to think about their school subjects, hobbies, interests and transferable skills		х				х	Х		
Starting your profile on My World of Work	To guide young people through how to complete elements of their learning profile in My World of Work		х				х	Х		
Renewable Energy	For young people to learn about careers in the energy sector	х							х	
CMS Chatterbox	To enable young people to gain an understanding of the CMS themes and how these relate to them		х				х	х	х	х
My week of behaviours	Young people will recognise and record their behaviours across the week. They will start to gain an understanding of what is appropriate for different contexts and how this applies to their career planning.	х					х			
How You See It	Encouraging young people to reflect and develop their self-awareness			х			х			
Tell me a bit about yourself	Young people will interview an adult known to them about his/her experience in the World of Work.			х			х		х	х
Exploring Qualification routes	Young people will use MyWoW to explore the different qualification routes that are available and think whether they are options they would choose from themselves		х		x				x	
Updating your profile	Young people will have the opportunity to update their learning profile		X				х	Х		
Option Choices	For young people to know what factors to consider when making option choices and learn how to use the Option Choices tool to support their decisions.		x			х	х		х	х



S3

Teacher Lesson Plan Aim		CES Theme					CMS Ther			me
Teacher Lesson Flan	Aim		2	3	4	5	S	S	Н	N
Knowing Myself	To review and record current Career Management Skills	х	х				х	х	х	х
Flip of a Coin	To become aware of the variety of decision-making styles				х		Х	х		
Exploring different pathways	Young people will explore the different employment and learning options that available and reflect on what options they may wish to follow		x	х	х	x			х	
Meet the Expert	To learn from experts from a range of sectors talking about their job roles.	х							х	
Hot Air Balloons	Young people will do a science experiment to help them understand the laws of motion and then they can explore careers linked to this.	х							х	
Networking Bingo	To highlight why networks are important and start recognising and developing their own network				х					х
My Circle of support	Young people will be able to recognise the people they have in their network		х							х
Develop and update your profile	Young people will develop and update their learning profile to reflect current achievements		х			х	x	х		
Option Choices	For young people to know what factors to consider when making option choices and learn how to use the Option Choices tool to support their decisions.		х			х	x		х	х
Stepping Stones	To challenge pupils to think of their next steps and what they might need to do to prepare for future opportunities		x	х	х				х	х



Senior phase

Teacher Lesson Plan Aim	CES Ther				Aim CES T				CES Them						CES Themo					CES Them					CES Theme				CES Theme					ne
Teacher Lesson Plan	eacher Lesson Plan Alm	1	2	3	4	5	S	S	Н	N																								
Knowing Myself	To review and record current Career Management Skills (CMS)	х	х				х	Х	Х	Х																								
My Week	Young people can recognise their interests across their week and find a strength or skill they develop through it, people to add to their network and potential career ideas.		х	х			х	Х	х	х																								
My Strengths scale	Young people can begin to think about which of their strengths and skills are most developed and how they can develop others		x					X																										
Using the My World of Work Skills Explorer tool	Young people will revisit the skills explorer tool, allowing them to discover what skills they have and how these suit certain careers		x				х																											
Flip of a Coin	To become aware of the variety of decision-making styles.				х		Х	Х																										
Option Choices	For young people to know what factors to consider when making option choices and learn how to use the Option Choices tool to support their decisions.		Х			х	Х		Х	Х																								
Explore different pathways	Young people will explore the different employment and learning options that available and reflect on what options they may wish to follow		х	х	х				Х																									
Networking Bingo	To highlight why networks are important and start recognising and developing their own network		Х		х					х																								
My Circle of Support	Young people will be able to recognise the people they have in their network		Х		х					Х																								

Updating your profile and creating a personal statement	To give young people the opportunity to update their learning profile and create a personal statement		х			х	х	х		
Creating and updating your CV	Young people will learn how to create and update their CV		х			х	х	Х		
Job Adverts	To prepare Young people will gain an understanding of how to read job adverts and identify the skills/qualities that are required for the position		х		х	х	Х	Х	Х	х
The Application Process	Young people will gain experience of filling in a mock application form		х	х	х	X	х	x	X	х
Preparing for an Interview	To prepare young people for an interview		х	х	х	х	х	Х	Х	Х
Mock Interviews	To allow young people to identify their own strengths and skills and how to present themselves to others.		х	х	х	х	х	х	х	х
Meet the Experts	To learn from experts from a range of sectors talking about their job roles.	х			х	х			х	х
Challenging stereotypes	To help young people to understand stereotypes and to challenge them in their own careers			х		х	Х			