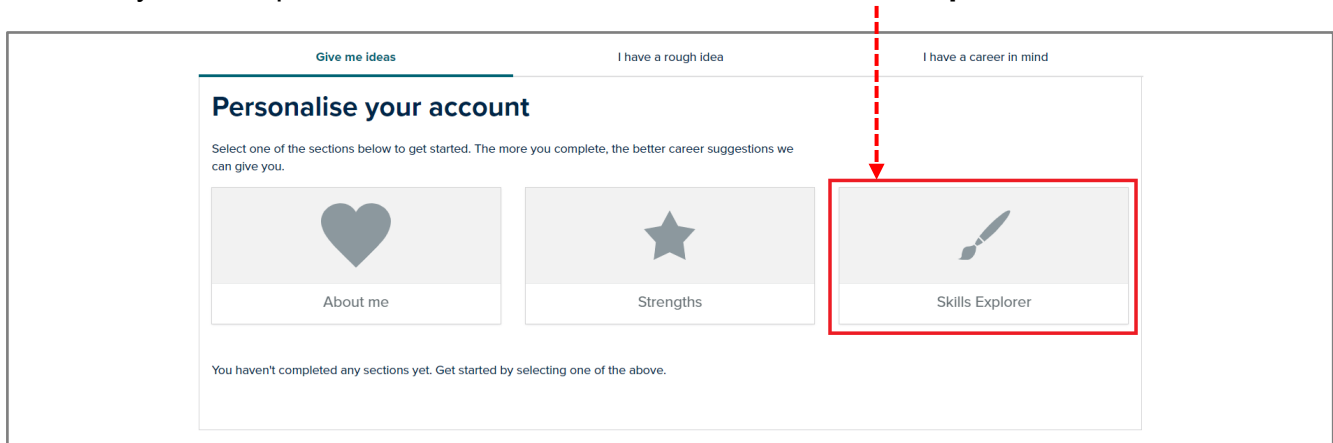


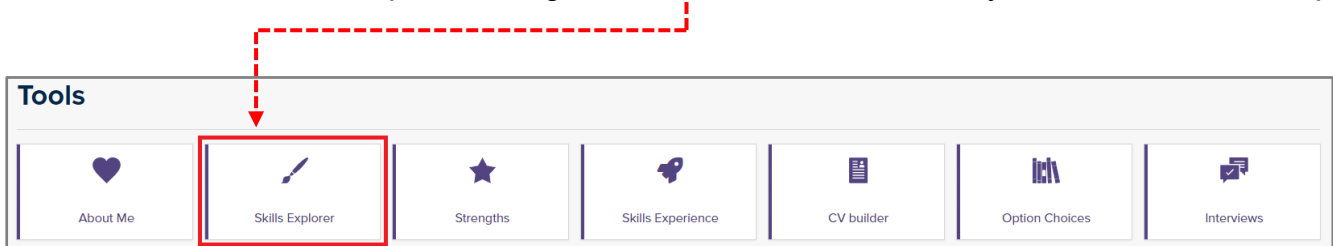
Skills Explorer

The 'Skills Explorer' tool in the 'My career options' section of My Word of Work lets you find out more about the jobs that might suit you based on your skills.

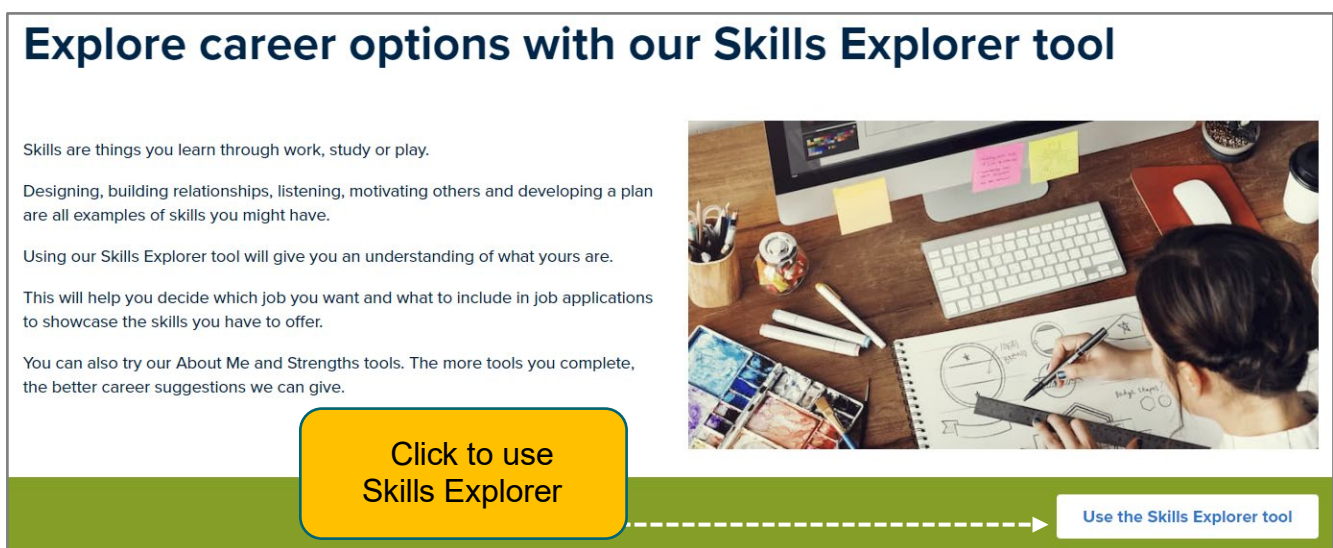
Go to the 'My career options' section of the site and click on '**Skills Explorer**'.



You can also access 'Skills Explorer' using the **shortcut** at the bottom of your Account overview page.



Click on the 'Use the Skills Explorer tool' button on the introductory page to start.



How to guides

If you've already used the tool you will see the options 'Use the Skills Explorer again' and 'View your career suggestions'.

Explore career options with our Skills Explorer tool

Skills are things you learn through work, study or play.

Designing, building relationships, listening, motivating others and developing a plan are all examples of skills you might have.

Using our Skills Explorer tool will give you an understanding of what yours are.

This will help you decide which job you want and what to include in job applications to showcase the skills you have to offer.

You can also try our About Me and Strengths tools. The more tools you complete, the better career suggestions we can give.


[Use the Skills Explorer again](#)[View your career suggestions](#)

Once you've started the tool you will be asked to pick up to 10 skills/attributes (in total), from the 12 top level skill sections (Meta-skills). Pick the skills/attributes you feel you are strongest in, or that you would like to use in a possible future career.


To see the skills/attributes in each section, click on the **down-arrow** on the right to expand and collapse each section:


Pick your skills

Look over the skills and examples from the categories below. Select up to 10 to see your career suggestions.


 **Integrity**


You haven't selected any integrity skills.




 **Collaborating**

You haven't selected any collaborating skills.



 **Critical thinking**

You haven't selected any critical thinking skills.



Skills - 0 / 10

[Clear selection](#)

[Review skills](#)

How to guides

You can see a description and examples of each skill/attribute in the section, and click 'Add skill' to select that skill or 'Remove skill' to deselect a skill.

Added Reliable skill. You have 9 skill selections remaining

Integrity

Skills you have selected

Reliable ✕

Ethical

Acting in a way that is considered to be morally good. Making decisions based on what you think is right.

Examples

- Treating everyone with respect, kindness and fairness. No matter who they are.
- Sharing with others or helping others because you know it's the right thing to do.

Reliable

Being trusted to work well and meet expectations

Examples

- Having your homework completed on time, with a good amount of effort put into it.
- Always being on time for things so that other people can trust that you won't be late.

Self awareness

Understanding the type of person you are and the way you act or behave.

Examples

Skills - 1 / 10

Clear selection Review skills

Each **skill/attribute** you select will appear under the **section heading** and will be added to the **total** at the bottom of the page.

Pick your skills

Look over the skills and examples from the categories below. Select up to 10 to see your career suggestions.

Added Coaching skill. You have reached the minimum limit to continue, or you can select up to 5 more skills

Integrity

Skills you have selected

Reliable ✕ Self awareness ✕

Collaborating

Skills you have selected

Building relationships ✕

Critical thinking

Skills you have selected

Evaluating ✕

Skills - 5 / 10

Clear selection Review skills

How to guides

You can clear your selection and start again, or review skills (after selecting between 5 and 10) using the buttons at the bottom right

Pick your skills

Look over the skills and examples from the categories below. Select up to 10 to see your career suggestions.

Added Coaching skill. You have reached the minimum limit to continue, or you can select up to 5 more skills

Integrity

Skills you have selected

Reliable ✕ Self awareness ✕

Collaborating

Skills you have selected

Building relationships ✕

Critical thinking

Skills you have selected

Evaluating ✕

Skills - 5 / 10

Clear selection Review skills

The “review skills” button will show a list of the skills/attributes selected, and you can either edit by ‘Reselecting Skills’, or move on to ‘View Career Suggestions’:

Review your skills

Look over the skills you've chosen. If you think you've missed something important, you can go back and make a change.

Reselect Skills View Career Suggestions

Building relationships

Spending time interacting with others and finding out more about them.

Coaching

Guiding and supporting others to learn a new task and to achieve goals.

Evaluating

To form an idea of the nature or quality of something.

Reliable

Being trusted to work well and meet expectations.

How to guides

Clicking career suggestions will show job profiles and industries that match the skills/attributes selected:

Show results that match my...

☐ About me

☐ Strengths

☒ Skills Explorer

The job profiles below will help you start thinking about careers. You'll get better matches by completing more tools.

Job profiles

39 results

[Clinical engineer](#)

Healthcare
Create medical technology to help injured and disabled people enjoy better health and greater independence.

☐ ☐ ☐

[Cartographer](#)

Science, mathematics and statistics
Research, design and publish maps on paper and online that people can use to find their way around.

☐ ☐ ☐

[Game designer](#)

Computing and ICT
Create games which might be played by millions of people on computers, consoles and mobiles.

☐ ☐ ☐

Industries

11 results

[Healthcare and social services](#)

If you thrive on helping others, a career in this industry is a natural choice. Make a real difference in healthcare and social services.

☐ ☐ ☐

[Life sciences](#)

Scotland is at the global forefront of life sciences. Explore the many ways you can join this dynamic industry, even without a degree.

☐ ☐ ☐

[Creative](#)


Do you have big ideas? Put them into practice by becoming a producer, a sound engineer, a designer... your horizons are as broad as your imagination.

☐ ☐ ☐

[View all industries >](#)

[Feedback](#)

These results can then be expanded and refined by completing the other core tools, 'About me' and 'Strengths'.

 **My
World of
Work**