

Instructions:

- Think about how you did in your mock interview.
- Now evaluate your interview performance.
- Select the relevant circle.



very poor



poor



fair



good



excellent

**Body language**

Did you sit up straight and appear attentive?
Were you hunched or fidgeting?

**Tone of voice**

Did you sound angry, sarcastic or bored?
Did you sound like you were interested and enthusiastic?

**Eye contact**

Did you make eye contact with the person or people during the interview? Did you stare at the floor, your hands or into space?

**Handshake**

Did you offer your hand? Was your handshake firm or did you have a weak grasp?

**Answers given**

Were your answers relevant and well worded?
Did you use good examples? Did you ramble, or talk about things which didn't have anything to do with the question?

**Questions**

Did you ask interesting or useful questions?
Did your questions make you seem interested in the job or the company?

**Presentation**

Did you make an effort to look neat and tidy?
Did you come in with an untucked shirt, distracting jewellery, inappropriate clothing?

